

FREE STUFF ON YOUR BIRTHDAY FOR CANADIANS



Grocery Alerts Canada, www.groceryalerts.ca

Introduction to Free Stuff on your Birthday for Canadians

This free eBook was co-written by Steven and Lina Zussino, **Canada's Frugal Couple**. We wanted to write this eBook to share all the free stuff available on your birthday across Canada. We have compiled free activities and free services including: free golf, free spa services, free smoothies and ice cream, free dining options, and even a Congratulatory birthday greeting from the Queen!

Since we have been together, our birthday celebrations have always provided great memories. Our first birthday celebration as a couple led to my first ever surprise party! None of my friends called me that day and I was so shocked to see everyone at the restaurant. We want all Canadians to celebrate their birthdays with their families and friends. Whether you are young or old, this free eBook includes activities for children, students, adults, and seniors so everyone can celebrate.

About the Authors

Lina Zussino is the blogger behind www.groceryalerts.ca. She provides coupon matchups, grocery flyer deals, and shows Canadians how they can save money on groceries with frugal recipes and tips. She also has



created a new blog, www.babyalerts.ca that shows Canadian moms how they can raise a baby on a budget.

Steven Zussino runs the blogs, www.freecanadacouponcodes.com, and www.canadianpersonalfinance.com. With his background in Commerce and IT, he contributes money saving tips and ways Canadians can save money.

Using the eBook

This eBook is organized by Province and then by activity. The eBook contains an **Across Canada** category for retailers across Canada. The activities include everything from: Beauty, Dining, Entertainment, Golf, Government, Recreation, and Travel. Every deal posted has a value attached to it and instructions on what is included and a website link to redeem the deal. Most deals have been authenticated by us.

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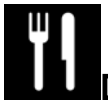
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ACROSS CANADA



BEAUTY

Sephora

Offer: Free Philosophy's Shampoo, Shower Gel & Bubble Bath in Vanilla Cupcake (with your beauty insider card). You will receive an e-mail that you print off to redeem at any Sephora retail store.

Value: \$8

Conditions: Get a Beauty Insider card. Score a point and trade your points.

Availability: National

Website: <http://www.sephora.com/beautyinsider/>



CHILDREN

Air Transat

Offer: Receive an electronically birthday card. If the child flying the date of his birth from Canada and if you know 15 working days in advance they offer them a special surprise on board. (Macaroon, birthday card and a small cake).

Value: \$6

Conditions: Must join the Air Transat Kids Club. For children ages 2 to 11 inclusively and who are Canadian residents.

Availability: National

Website: <http://www.airtransat.ca/en/Info/join-air-transat-kids-club.aspx?ExitID=47&ContentType=voyageur>

Children's Place

Offer: Special Gift Coupon for Your Birthday & Your Childs

Value: n/a

Conditions: Children's Place Birthday Club: Sign up for a special gift coupon for your birthday and your child.

Availability: National

Website:

http://www.childrensplace.com/webapp/wcs/stores/servlet/birthday_10001_10001_-1

Old Navy Canada

Offer: Special Gift on Your Birthday

Value: n/a

Conditions: Just sign up with your email and you'll receive a special birthday gift on your birthday.

Availability: National

Website: https://secure-oldnavy.gapcanada.ca/profile/info.do?cid=52346&src=Site_TextFooter&mink=5151,2002317,8&clink=2002317

Old Spaghetti Factory

Offer: Kids receive a free birthday meal

Value: \$5.50

Conditions: Sign up online and become a member.

Availability: National

Website:
<http://www.wallyskidsclub.com/enroll.aspx>



If we could be
twice young
and twice old
we could
correct all our
mistakes. -
Euripides

Pizza Pizza

Offer: Get a cool Birthday Card mailed to your home plus FREE PIZZA & POP on your birthday each year.

Value: \$5

Conditions: Enroll your son or daughter as a Pizza Pizza Kid's Club member. *Free Pizza and Birthday Card offer applies to children 12 & under. Offer is valid for one slice of Cheese or Pepperoni Pizza and a 355 ml can of pop, 250 ml milk or 500 ml bottled water. Offer subject to change, applies to walk-in orders, before the expiry date, on presentation of the birthday card. Offer accepted at traditional Pizza Pizza restaurants in Ontario and Quebec. Parental permission required to participate. You must enroll your children by the 15th of the month prior to their birthday to ensure they receive a birthday card that year.

Availability: Ontario and Quebec

Website:

http://www.pizzapizza.ca/PPLWeb/CommandServlet?command=screenscmd&screenID=fz_kidsclub

Smitty's

Offer: One free meal from the Kid's Menu.

Value: \$5

Conditions: Must register and join Kid's club.

Availability: National

Website: <https://www.smittys.ca/KidsClub/tabid/89/Default.aspx>

Taco Del Mar

Offer: Free Kids Meal for your birthday

Value: \$5

Conditions: Become a member of Club Carlos and they will send you a postcard for a free Kids Meal for your birthday.

Availability: National

Website: <http://www.tacodelmar.com/kidsclub/index.html>

Applebees

Offer: Free dessert shooter with the purchase of an entrée.

Value: \$8

Conditions: Email Sign-up

Availability: Across Canada.

Website: <http://www.applebeescanada.com/?cl=100157>

Baskin Robbins

Offer: Free Baskin Robbins ice cream on your birthday

Value: \$3

Conditions: Sign up with Baskin Robbins and receive a coupon via email for a free ice cream on your birthday! (Enter your name exactly as it appears on your photo ID. Coupons with misspelled or incomplete name will not be honored.)

Availability: National

Website: <http://www.baskinrobbins.ca/club31>

Booster Juice

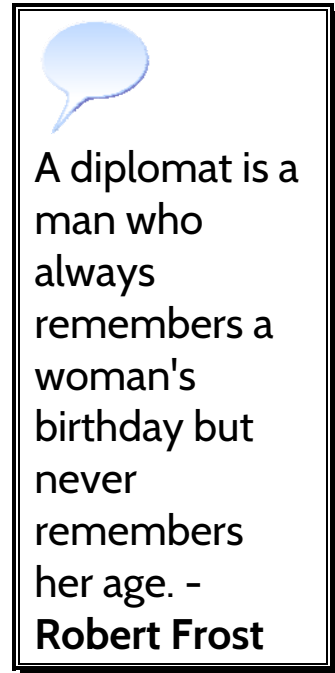
Offer: Join the Booster Juice Nation to receive a coupon for a free regular size smoothie (24 ounces) on your birthday.

Value: \$5

Conditions: You'll find the Nation sign up under the campfire icon. Fill in your details accurately as they check your ID to confirm your birthday when you redeem your coupon. Your coupon will be emailed to you close to your birthday.

Availability: National

Website: <http://www.boosterjuice.com/>



Boston Pizza

Offer: Free pasta or dessert

Value: \$18

Conditions: Become a member of the Boston Pizza Email Club. Simply fill out a form on your next visit or join online at bostonpizza.com. You will receive an e-mail prior to your birthday that you can use for 10 days after your birthday.

Availability: National

Website: <http://subscription.e.bostonpizza.com/>

Bruegger's Bagels/mmmuffins Canada

Offer: Free cupcake coupon via e-mail 1 week before birthday valid up to a week after birthday.

Value: \$3

Conditions: Become a member of their online club.

Availability: National

Website: <http://www.mmmuffins.com/>

Coldstone Creamery

Offer: Coupon for a Free ice cream on your birthday (Buy one get one free offer).

Value: \$4

Conditions: Sign up online and become a member.

Availability: National

Website: <http://www.coldstonecreamery.com/mycsc/>

Dairy Queen

Offer: Receive a coupon for a free Blizzard (BOGO). Expires 12 days after your birthday

Value: \$5

Conditions: Sign up and get a Blizzard coupon (BOGO) on your birthday.

Availability: Across Canada

Website: <http://www.blizzardfanclub.com/join/>

Denny's

Offer: Free Grand Slam on your birthday

Value: \$8

Conditions: Drop by any Denny's Restaurant and we'll treat you to A FREE Grand Slam on your birthday! Valid ID must be presented. Not valid with any other coupon or promotional offer. Taxes and gratuity extra. Not valid for alcohol. Available at participating restaurants.

Availability: Western Canada only

Website:

http://www.dennys.ca/west/index.php?option=com_content&view=article&id=24&Itemid=87

Jack Astors

Offer: Free dessert on your birthday.

Value: \$10

Conditions: Join VIP Club.

Availability: Across Canada

Website:

<http://jackastors.fbmta.com/members/UpdateProfile.aspx?Action=Subscribe&InputSource=W>

Joey's

Offer: Get your age off of your total bill. For example, if you are 25, you get \$25 off your bill.

Value: n/a

Conditions: Join the E-Club.

Availability: Across Canada

Website: <http://eclub.joeysonline.ca/>

Marble Slab Creamery

Offer: Free ice cream on your birthday

Value: \$5

Conditions: Join Marble Mail for special Canadian offers, updates and more! Sign up for their Marble mail and receive a free ice cream cone; you can even get your other family members involved in our "birthday surprise" program by just entering their info in the 'sign up' form.

Availability: National

Website:

http://www.myclients.ca/customers/marble/marble_signup.htm

Milestones

Offer: Receive a coupon for a free entree, when you eat with 3 friends

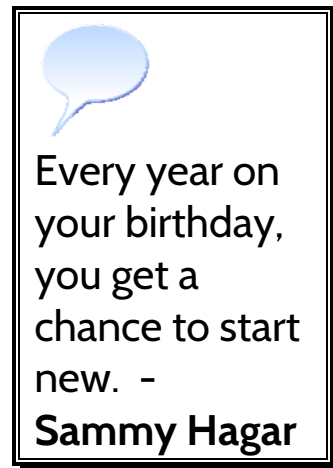
Value: n/a

Conditions: Sign up to join their "database". When you visit Milestones on your birthday, bring your ID with you to validate your coupon. Bring 3 friends along with you to receive the free entree.

Availability: AB, BC, ON

Website:

http://www.milestonesrestaurants.com/sign_up.php



Orange Julius

Offer: Join the OJ Quench Club and receive a Buy 1 get 1 free smoothie

Value: \$5

Conditions: Sign up and become a member. Coupon to be emailed

Availability: National

Website: http://www.orangejulius.com/sec_quenchclub.html

Papa Murphy's

Offer: FREE cookie dough on your birthday with the purchase of a regular pizza. (Valid entire month of birthday)

Value: \$5

Conditions: Sign up to join the eClub and coupon is sent via email.

Availability: National

Website: <http://www.papamurphys.com/CouponsAndeClub>

Pizza Delight

Offer: Free birthday meal on the day of your birthday

Value: \$12

Conditions:

Availability: National

Website:

<http://pizzadelight.fbmta.com/members/UpdateProfile.aspx?Action=Subscribe&language=E&Inputsource=W>

Red Lobster

Offer: Receive a coupon for a free slice of cake on your birthday

Value: \$7

Conditions: Sign Up to become a member. New members must join the club at least 7 days prior to their birthday to receive a birthday coupon

Availability: National

Website: <http://www.redlobster.ca/club/>

Red Robin

Offer: Free burger on your birthday

Value: \$15

Conditions: Enter your birthday and select your restaurant location and join the fun! Just sign up for the Red Robin e-newsletter and they will send you a coupon for a free burger! This could be used 1 week before or after your actual birthday.

Availability: Alberta & BC

Website:

<http://www.redrobin.com/eclub/default.aspx?AspxAutoDetectCookieSupport=1>

Rocky Mountain Chocolate Factory

Offer: A chocolate bar ranging from dark to white

Value: \$4

Conditions: On your birthday your Rocky Card will be rewarded with a free birthday prize, pending you have a current withstanding points balance on your card.

Availability: National

Website: <http://www.rockychoc.com/>

Starbucks

Offer: You can get any size drink of your choice complimentary on your birthday.

Value: \$5

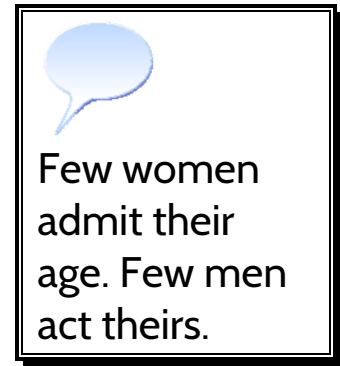
Conditions: 1. Register any Starbucks Card at www.starbucks.com/card. 2. Click 'Manage My Account' and then click 'Personal Info' and add your birthday. 3. Check your email and physical mailing address for accuracy in the 'Email Info' tab. 4. Make sure you're opted into receiving postal and email offers from

Starbucks. 5. Bring in your birthday postcard for your FREE beverage on your birthday.

Availability: National

Website:

<http://blogs.starbucks.com/blogs/customer/archive/2009/08/28/celebrate-your-birthday-on-us.aspx>



TGI Friday's

Offer: TGI Friday's: Free birthday dessert with the purchase of an entree.

Value: \$8

Conditions: Sign up online and become a member.

Availability: National

Website:

<https://www.tgifridays.com/gmms/givememorestripes.aspx>

The Keg

Offer: Free dessert

Value: \$5.95

Conditions: In Canada, each Keg varies in their Birthday policy, but usually offer some kind of dessert. The most popular choice they give to their birthday guests is a slice of their famous Billy Miner pie.

Availability: National

Website: <http://www.kegsteakhouse.com/en/>

Tony Roma's

Offer: Free Ribs on your Birthday.

Value: \$18

Conditions: Go into any Tony Roma's to sign up for their eClub. Be sure to sign up early as it takes 6-8 weeks to process your registration.

Availability: National

Website: http://ribs.ca/birthday_club.php



GOVERNMENT

Governor General and the Queen

Offer: Congratulatory birthday greeting (doesn't seem to be an age restriction)

Value: n/a

Conditions: Birthday certificate from office of Governor General and the Queen. Must request via online form and regular mail.

Availability: National

Website: <http://www.gg.ca/document.aspx?id=231>

Government of Canada

Offer: A congratulatory letter from the Prime Minister of Canada for your 65th and 70th Birthday and a certificate for your 75th birthday.

Value: n/a

Conditions: Fill out an application on the Government of Canada website to receive the letter greeting or certificate.

Availability: National

Website:

<http://www.pm.gc.ca/eng/greetings.asp?pageId=31&featureID=10>



American Eagle

Offer: 15% off the month of your birthday at all brands when you share your email. Kids score a gift in any 77kids store on their birthday.

Value: n/a

Conditions: Must sign up for American Eagle Rewards program.

Availability: Across Canada.

Website:

http://www.ae.com/web/myaccount/aerewards.jsp?_requestid=278462

Ardene

Offer: Coupon for \$5 off a purchase of \$10 or more.

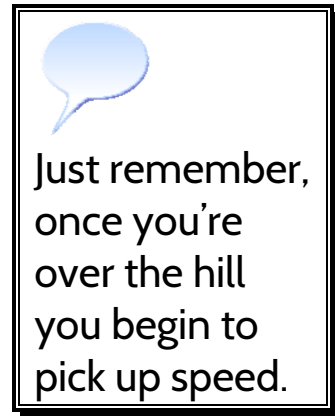
Value: \$5

Conditions: Sign up for the VIP Club - \$5 off a purchase of \$10 or more.

Availability: Across Canada.

Website:

http://www.ardene.com/eng/login/redirect.cfm?sectionID=b2c/myAccount/userProfile_userLogin.cfm&goToPage=myprofile&VIP=Y



Body Shop Canada

Offer: Discount of up to \$10 towards your next purchase.

Value: \$10

Conditions: A birthday gift when you come in a The Body Shop or visit <http://www.thebodyshop.ca/> during your birthday month to receive a discount of up to \$10 towards your next purchase. At time of redemption, contents of cart must exceed \$10 before you are eligible to receive your reward. Once amount of cart exceeds \$10 your reward will be applied towards your total order value. Must have the Love Your Body card.

Availability: Across Canada.

Website: <http://www.thebodyshop.ca/en/help/lyb-card.aspx#t2>

CBCShop.ca

Offer: They will send you a coupon for \$5.00 on your special day to use towards your online purchase.

Value: \$5

Conditions: Must be member of CBCShop.ca

Availability: National

Website:

<https://www.cbcshop.ca/CBC/secure/signup.aspx?lang=en-CA>

Ricki's

Offer: Receive a \$10 gift emailed to you in the month of your birthday

Value: \$10

Conditions: Must be member of Fashion and Friends club.

Availability: National

Website: <http://www.rickis.com/content/fashion-and-friends>

RW & Company

Offer: An exclusive 25% discount during the week of your birthday!

Value: n/a

Conditions: Register your birthday with RW&CO and join their email club.

Availability: National

Website: <https://www.rw-co.com/member/signup.aspx?language=en>

Swagbucks.com

Offer: 50 free swagbucks on your birthday!

Value: Swagbucks.com allows you to earn a virtual currency, called a “Swagbuck” by completing various activities.

Conditions: Register your birthday with Swagbucks when you register.

Availability: National

Website: <http://www.groceryalerts.ca/go/swagbucks>

ALBERTA



BEAUTY

Haare Kosmetik

Offer: 20% services on your birthday

Value: n/a

Conditions: Must join Haare Kosmetik's Birthday Club

Availability: Edmonton, Alberta

Website: <http://www.haarekosmetik.com/birthdayclub.php>



DINING

1410 World Bier Haus

Offer: Free appetizer on your birthday.

Value: \$10

Conditions: Must be registered for Birthday Club

Availability: Calgary, Alberta

Website:

<http://www.1410bierhaus.com/EventsandShowcase/BirthdayClub/tabid/10118/Default.aspx>

Sawmill Restaurants

Offer: \$15-\$25 off your cheque.

Value: \$25

Conditions: Must be a member of Loyalty program. By making a reservation one week before or one week after the special guest's birth date you will receive \$25.00 off your guest cheque for dinner or \$15.00 off during lunch. 4 or more regular priced entrees must be purchased, offer valid Sunday through Thursday only. Discount is applied through your Sawmill Loyalty Card therefore please include your birth date when registering your profile.

Availability: Alberta

Website: http://www.sawmillrestaurant.com/about_loyalty.php

The Cheesecake Cafe

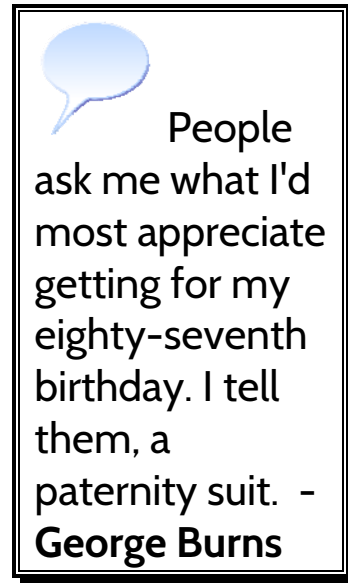
Offer: Anyone coming to the Cafe to celebrate on their birthday receives a free dessert.

Value: \$8

Conditions: Must provide identification.

Availability: Across Alberta

Website: <http://www.cheesecakecafe.ca/>



The Wine Station

Offer: Free bottle of wine, special birthday discount on cases of wine.

Value: \$15

Conditions: Must be a Facebook Fan.

Availability: Okotoks, Alberta

Website: <http://www.thewinestation.ca/wine-clubs.htm>



ENTERTAINMENT

The Comic Strip

Offer: Complimentary ticket on your birthday

Value: \$15.50

Conditions: One FREE complimentary ticket on your birthday (excludes Special Presentations and Saturday evenings)! The rest of your birthday party will receive 15% off their tickets as well. Remember to sign up and book in advance (preferably 30 days before your big day), sorry no walk-ups.

Availability: Edmonton, Alberta

Website: <http://www.thecomicstrip.ca/birthday.asp>



GOLF

Boulder Creek Golf Course

Offer: Free green fee on your birthday.

Value: \$39

Conditions: Register to participate in their eClub. By doing so you will receive a free green fee on your Birthday! Valid up to one week prior and one week after your birthday.

Availability: Langdon, AB

Website:

http://www.bouldercreek.ca/golf/proto/bouldercreekca/new_account/new_account.htm

Cardston Lee Creek Valley Golf Course

Offer: Free green fee on your birthday.

Value: \$40

Conditions: Register to participate in their eClub to receive a free green fee on your Birthday! Valid up to one week prior and one week after your birthday.

Availability: Cardston County, AB

Website: http://www.golfleecreek.com/new_account/

Crowsnest Pass Golf and Country Club

Offer: Free round of golf.

Value: \$54

Conditions: Register to participate in their eClub. You will receive a free green fee on your Birthday! Valid up to one week prior and one week after your birthday.

Availability: Blairmore, AB

Website: http://www.crowsnestpassgolf.com/new_account/

Pineridge Golf Resort

Offer: Free round of golf.

Value: \$35

Conditions: Must join their tee-it up program.

Availability: Seba Beach, AB

Website: <https://www.teeitup.com/promo/enroll.pl?c=24219>

Pipestone Golf Club

Offer: Free round of golf.

Value: \$36

Conditions: Must be registered for Birthday Club.

Availability: Wembley, Alberta

Website: <http://www.pipestonegc.ca/public/Birthday-Club.php>

Silverwing Golf Club

Offer: Free green fee on your birthday.

Value: \$49

Conditions: Register to participate in their eClub to receive a free green fee on your Birthday! Valid up to one week prior and one week after your birthday.

Availability: Calgary, AB

Website:

http://www.silverwinggolf.com/golf/proto/silverwinggolf/new_account/new_account.htm

The Links of GlenEagles

Offer: Free round of golf when you bring a friend.

Value: \$99

Conditions: Must register for their Birthday Club to receive coupon in email for free round.



Last week the candle factory burned down. Everyone just stood around and sang, 'Happy Birthday.'
Steven Wright

Availability: Cochrane, AB

Website: <http://www.gleneaglesgolf.com/online-tee-times/e-specials-club/birthday-club>

Whitetail Crossing

Offer: Free round of golf.

Value: \$50

Conditions: Register to participate in their eClub to receive a free green fee on your Birthday! Valid up to one week prior and one week after your birthday. If you have a winter birthday you can claim it before May 15th.

Availability: Mundare, AB

Website: http://www.whitetailcrossing.ca/new_account/



GOVERNMENT

Province of Alberta

Offer: Congratulatory 75th birthday card and every 5 years after.

Value: n/a

Conditions: Birthday certificates signifying your milestone birthday from the Premier. Fill out an application to the Office of the Premier.

Availability: Alberta

Website: <http://premier.alberta.ca/request/index.cfm>



RECREATION

Marmot Basin

Offer: Free Skiing at Marmot Basin on your Birthday

Value: \$76

Conditions: 1. Online form registration. 2. Visit any Marmot Basin ticket window with proof of your birthday to receive 1 day of free skiing.

Availability: Jasper, Alberta

Website: <http://www.skimarmot.com/birthday.html>



TELEVISION

Breakfast Television Calgary

Offer: Have a friend or loved one's birthday celebrated on the air!

Value: n/a

Conditions: You could have BT Calgary wish you a Happy Birthday. BT requests that all requests must be submitted 5 days business days before the celebration air date. Due to the tremendous volume of submitted entries that Citytv receives, they cannot guarantee that all photos will be shown.

Availability: Calgary, Alberta

Website: <http://www.btcalgary.ca/celebrations/>

Breakfast Television Edmonton

Offer: Have a friend or loved one's birthday celebrated on the air!

Value: n/a

Conditions: You could have BT Edmonton wish a Happy Birthday to a loved one or friend on the air. BT requests that all requests must be submitted one week in advance. Due to the tremendous volume of submitted entries that Citytv receives, they cannot guarantee that all photos will be shown.

Availability: Edmonton, Alberta

Website: <http://www.btedmonton.ca/celebrations/>

BRITISH COLUMBIA



BEAUTY

Lavish Salon

Offer: If you book in advance for your birthday you will receive a FREE Cut with the purchase of any colouring.

Value: \$55

Conditions: Please show Photo identification.

Availability: Victoria, BC

Website: <http://www.yourvictoriabirthday.com/activities.html>

Shimmer Salon

Offer: FREE Shampoo & Blow dry on your Birthday

Value: \$50

Conditions: E-mail them your birthday.

Availability: Victoria, British Columbia

Website: <http://www.shimmersalon.com/specials.html>

Spa Utopia

Offer: 25% off services during your birthday month

Value: n/a

Conditions: Join their email list.

Availability: Burnaby, British Columbia

Website: <http://www.spautopia.ca/>



CHILDREN

Me-n-Ed's Pizza Parlours

Offer: If you are 12 and under, you will be emailed a coupon for a 6" pizza and pop.

Value: \$5

Conditions: Join the VIPP Club.

Availability: Vancouver, BC

Website: <http://www.me-n-eds.ca/>



Birthdays are nature's way of telling us to eat more cake. -
Anonymous

Norden the Magician

Offer: Free Birthday Kit (official Magic Wand and Norden's newest Magic DVD)

Value: n/a

Conditions: Must be registered for Birthday Club.

Availability: Vancouver, BC

Website: <http://www.magicshows.ca/birthdayclub.htm>

Thrifty Foods

Offer: Free 8" x 12" birthday cake for Child's first birthday.

Value: \$10

Conditions: Just stop by any of the Thrifty Foods in store bakeries to order your free 8"x12" first birthday cake. One cake per child. Available in pink or blue. No substitutions please.

Availability: All British Columbia locations.

Website:

<http://www.thriftyfoods.com/EN/main/services/occasions/first-cake.html>

Blenz Coffee

Offer: Free Regular Beverage on your Birthday

Value: n/a

Conditions: Produce proof that it is your Birthday.

Availability: Across British Columbia

Website: <http://blenzcommunity.com/birthday-club/>

Chandlers Seafood

Offer: 50% off of feast for members of the Chandlers Club.

Value: \$54.50

Conditions: Join the Chandlers Club on their website.

Availability: Victoria, BC

Website: <http://www.chandlersseafood.com>

Chapter's Viewpoint Restaurant

Offer: \$20 value towards the birthday person's dinner.

Value: \$20

Conditions: Chapters Viewpoint Restaurant will give a gift up to a \$20 value towards the birthday person's dinner when:

1. They provide proof that it is their birthday
2. The birthday person dines with at least one other person that orders an entrée.
3. The birthday person orders an entrée from our dinner or children's menu.
4. They sign their birthday book.

If they are celebrating a birthday but it is not on their "birthday" or they are in for lunch they will offer a complimentary crepe for dessert'.

Availability: Kamloops, BC

Website: <http://www.chaptersviewpoint.com/index.php/birthdays>

Dragon Yuan Chinese Restaurant

Offer: Complimentary lunch buffet (coupon is good for one month after your birthday)

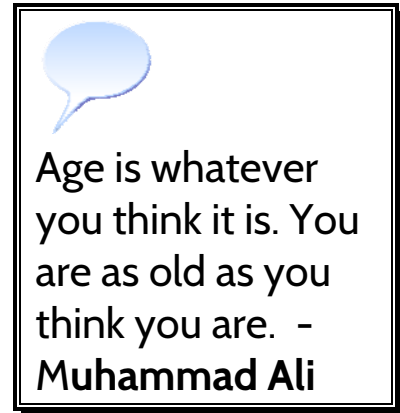
Value: \$15

Conditions: Must be registered for Birthday Club

Availability: Cobble Hill, British Columbia

Website:

<http://www.dragonyuan.com/birthday-club.php>



Fleetwood Arms

Offer: Complimentary lunch or dinner

Value: \$10

Conditions: The first day of your birthday month they send you a letter via email in honor of your birthday. Just bring that letter in along with a friend anytime during the month of your birthday, show proof of your date of birth and celebrate anytime within that month with a complimentary lunch or dinner.

Availability: Surrey, BC

Website: http://www.fleetwoodarms.com/birthday_club.php

Kelly O'Bryan's

Offer: Free meal on your birthday, when you eat with a friend

Value: \$12

Conditions: a.) come in on the day of your birthday; b.) you bring at least one friend; c.) you can spell your name correctly' d.) and of course, you can prove it's your birthday.

Availability: British Columbia

Website: <http://www.kellyobryans.com/promotions/>

Mosaic bar and grille

Offer: Free Chocolate cake.

Value: \$7

Conditions: Just let the host know when you are making a reservation know its your birthday so they can make sure they have a cake for you.

Availability: Vancouver, BC

Website:

<http://vancouver.hyatt.com/hyatt/hotels/entertainment/restaurants/index.jsp>

Nautical Nellies

Offer: Free dessert.

Value: \$7.50

Conditions: Must bring valid identification for birthday.

Availability: Victoria, BC

Website: <http://www.nauticalnellitesrestaurant.com>

Pajo's Fish and Chips

Offer: Receive a coupon for a free meal on your birthday

Value: \$10

Conditions: Fill out their online form and Pajo's will send you a coupon for a free meal to be enjoyed by you on your birthday (via email).

Availability: Vancouver, British Columbia

Website: <http://www.pajos.com/about/free-birthday-meal/>

Sips Martinis

Offer: Free birthday dinner

Value: \$25

Conditions: Must dine with 3 others.

Availability: Kamloops, BC

Website: <http://sipsmartinis.com/>

Storms On the River

Offer: Free birthday dinner up to \$15.00 on the day of your birthday.

Value: \$15

Conditions: Must present valid identification.

Availability: Kamloops, BC

Website: <http://stormsrestaurant.ca/>

Vera's Burger Shack

Offer: \$10 gift certificate on your birthday

Value: \$10

Conditions: Join Vera's club and receive a \$10 gift certificate for your birthday burger.

Availability: Vancouver, BC

Website: <http://www.verasburgershack.com/verasClub.html>



The secret of staying young is to live honestly, eat slowly, and lie about your age. -
Lucille Ball

Wharfside Grill

Offer: Free birthday dinner.

Value: \$27.99

Conditions: Come to the Wharfside with 5 or more of your friends on your birthday and your food bill is on them.

Availability: Victoria, BC

Website: <http://www.wharfside.ca>



ENTERTAINMENT

Atlantis Waterslides

Offer: Free admission if over 19 years old.

Value: \$21

Conditions: Must provide identification.

Availability: Vernon, BC

Website: <http://www.atlantiswaterslides.ca/birthday-parties>

AuBAR Nightclub

Offer: Complimentary cover for you and 2 for 1 cover for your guests before 10:30pm, VIP table (subject to availability). Complimentary BOTTLE OF BUBBLY for parties over 10.

Value: n/a

Conditions: Must book online.

Availability: Vancouver, BC

Website: <http://www.clubvibes.com/birthday/>

Fever Nightclub

Offer: No limit on your guestlist before 10pm, a bottle of champagne, a round of shooters for all your guests at 10 (subject to availability).

Value: n/a

Conditions: Reserve by email or call 604-32FEVER.

Availability: Vancouver, BC



The more you
praise and
celebrate your
life, the more
there is in life
to celebrate. -
Oprah Winfrey

Website: <http://www.clubvibes.com/birthday/>

Forum Nightclub

Offer: No cover charge for you and your group, first drink before 10:30, and free birthday dinner.

Value: n/a

Conditions: VIP table and host (applicable to groups over 12). Must reserve online.

Availability: Vancouver, BC

Website: <http://www.clubvibes.com/birthday/>

River Rock Casino Resort

Offer: During your birthday month, receive a FREE \$5 slot play coupon and birthday gift

Value: \$5

Conditions: Must be a BC Gold Encore Card member.

Availability: Richmond, BC

Website:

http://www.riverrock.com/players_club/bc_gold_members/

Sopranos Karaoke Bar and Grill

Offer: FREE admission for your entire group, reserved seating, a happy birthday message on their 60" electronic message board, balloons, and a promotional beverage.

Value: n/a

Conditions: Please call ahead at least 48 hours prior for them to make all arrangements. 250-382-5853

Availability: Victoria, BC

Website: <http://www.yourvictoriabirthday.com/nightlife.html>

Yaletown Brewing

Offer: Free dessert, shots, t-shirt.

Value: \$35

Conditions: Depending on the party itself, they like to get the celebration going with a round of shots on the house. They will present the birthday boy / girl with a complimentary Yaletown Brewing Co. t-shirt and a sharpee pen for their guests to sign. Near the end of the service, they will either bring out a complimentary stout brownie dessert with a candle, or a specialty shot depending on the host's decision. We have a kabuki cannon, which blasts confetti while the birthday boy / girl blows out the candle.

Availability: Vancouver, BC

Website: <http://www.markjamesgroup.com/yaletown.html>



GOLF

Golden Eagle Golf Club

Offer: Free round of golf.

Value: \$49

Conditions: Must bring printable coupon and valid identification for birthday.

Availability: Pitt Meadows, BC

Website: <http://www.goldeneagleclub.com/freegolf.cfm>

Mission Hills Golf Course

Offer: Free round of golf.

Value: \$32

Conditions: Register to participate in their eClub. You will receive a free green fee on your Birthday! Valid up to one week prior and one week after your birthday.

Availability: Cranbrook, BC

Website: http://www.golfingmissionhills.com/new_account/

Sandpiper Golf Resort

Offer: Free round of golf.

Value: \$80

Conditions: Register to participate in their eClub. You will receive a free green fee on your Birthday! Valid up to one week prior and one week after your birthday.



And in the end,
it's not the
years in your
life that count.
It's the life in
your years. -
**Abraham
Lincoln**

Availability: Harrison Mills, BC

Website:

http://www.sandpipergolfclub.com/golf/proto/sandpipergolfclub/new_account/new_account.htm



California Gold Douglas Centre

Offer: 30 minutes of free Tanning

Value: \$25.95

Conditions: Must present valid identification.

Availability: Victoria, BC

Website: <http://www.yourvictoriabirthday.com/californiagold.html>

CALL MOM Designated Driver Service

Offer: A free ride home in your vehicle on your birthday by CALL MOM Designated Driver Service. Proof of birthday required.

Value: \$85

Conditions: Please show Photo identification.

Availability: Victoria, BC

Website: <http://www.yourvictoriabirthday.com/nightlife.html>



MV Coho Ferry

Offer: Free Travel on Black Bell Ferry Line on your Birthday

Value: \$16

Conditions: 1. Passengers must provide identification at the ticket counter to prove date of birth. 2. Traveler is eligible for one free round-trip passenger fare. 3. Round-trip travel must be initiated on your actual birthday. 4. Tickets are Non-transferable & Non-refundable.

Availability: Victoria, BC

Website: <http://www.cohoferry.com/main/?Freebirthdaytravel>



TELEVISION

Breakfast Television Vancouver

Offer: Have your birthday celebrated on the air!

Value: n/a

Conditions: You could have the BT Vancouver Gang wish you a Happy Birthday. BT requests that all requests must be submitted 5 days business days before the celebration air date. Due to the tremendous volume of submitted entries that Citytv receives, they cannot guarantee that all photos will be shown.

Availability: Across BC

Website: <http://www.btvancouver.ca/celebrations/>

MANITOBA



DINING

Boon Burger Cafe

Offer: Any burger of your choice, on them.

Value: \$7

Conditions: Must provide identification.

Availability: Winnipeg, MB

Website: <http://www.boonburger.ca/>



Age is strictly a case of mind over matter. If you don't mind, it doesn't matter.
- Jack Benny

Fude

Offer: Free dessert.

Value: \$6.99

Conditions: Must bring valid identification for birthday.

Availability: Winnipeg, MB

Website: <http://www.fude.ca>

Lovey's BBQ & Smokehouse

Offer: Free coupon to receive \$10 off your birthday dinner.

Value: \$10

Conditions: Must print coupon and provide identification.

Availability: Winnipeg, MB

Website: <http://www.loveysbbq.ca/birthdays.html>



ENTERTAINMENT

Rumor's Restaurant & Comedy Club

Offer: Free ticket to a show for birthday and within 5 days of birthday

Value: \$15

Conditions: By joining their birthday club the birthday person will get in free, receive a special gift from them during the show and the remaining guests in the party will get in for half price (with a reservation of four or more). Joining Rumor's on a night that is not your actual birthday? You can still take advantage of the deal, as long as you celebrate your birthday with them within five days of your actual birthday.

Availability: Winnipeg, MB

Website: <http://www.rumorscomedyclub.com/birthday/>



GOLF

Bel Acres Golf & Country Club

Offer: Free Round of Golf for your birthday

Value: \$46

Conditions: Enter your email address and birth date in the form. 2. You will receive an email requesting you to confirm the information submitted. Your enrollment is not finished until you complete the confirmation process.

Availability: Winnipeg, MB

Website: <http://www.belacres.com/public/Join-the-Birthday-Club.php>

La Verendrye Golf Club

Offer: Free round of golf.

Value: \$35

Conditions: Register to participate in their eClub. You will receive a free green fee on your Birthday! Valid up to one week prior and one week after your birthday.

Availability: La Broquerie, MB

Website: http://lavgolf.ca/new_account/new_account.htm

Pinawa Golf Club

Offer: Free round of golf.

Value: \$40

Conditions: Must be registered for Birthday Club

Availability: Pinawa, Manitoba

Website: <http://www.pinawaclub.mb.ca/public/JOIN-THE-BIRTHDAY-CLUB.php>

Selkirk Golf Course and Country Club

Offer: Free round of golf.

Value: \$36

Conditions: Must join their Birthday Club.

Availability: Selkirk, Manitoba

Website: <http://www.selkirkgolfandcountryclub.com/public/JOIN-THE-BIRTHDAY-CLUB.php>

The Killarney Lakeside Golf Club

Offer: Free round of golf.

Value: \$32

Conditions: Register to participate in their eClub. You will receive a free green fee on your Birthday! Valid up to one week prior and one week after your birthday.

Availability: Killarney, MB

Website: http://killarneylakeside.com/new_account/



GOVERNMENT

Province of Manitoba

Offer: Congratulatory 65th birthday greeting and every 5 years after

Value: n/a

Conditions: Birthday certificates signifying your milestone birthday from the Premier. Submit a form to the Office of the Premier.

Availability: Manitoba

Website:

<http://www.gov.mb.ca/legislature/greeting/birthday.html>



Looking fifty is great--if you're sixty. - **Joan Rivers**

NEW BRUNSWICK



CHILDREN

Benjamin's Books

Offer: Free Gelato at Pomodori's

Value: n/a

Conditions: Sign up for the Benjamin's Books Green Birthday Club, and you'll get a 15% off printable coupon sent to your email, as well as a coupon for a free gelato at Pomodori's Pizza. This offer is for children only.

Availability: Rothesay, NB

Website: <http://www.benjaminbooks.nb.ca/green-birthday-club/>



No wise man
ever wished to
be younger.
- Jonathan
Swift

Maverick's Steakhouse & Grill

Offer: Complimentary entrée up to a value of \$30.00

Value: \$30

Conditions: Must join Maverick's Birthday Club. Your email with coupon will be forwarded to your email address within 15 days prior to your birthday. Please be sure to bring the email with coupon along with picture ID. A complimentary reservation will be made on your behalf. Provide them with your Name, Month & Day of birth and email address, and they will register you in our program.

Availability: Moncton, New Brunswick

Website: <http://www.mavericksrestaurant.ca/mavericks-birthday-club>



GOLF

Carman Creek Golf Course

Offer: Free 9 Hole Round golf on your Birthday

Value: \$19.99

Conditions: All you have to do is sign up to be an online member and click E-SPECIALS to receive your coupon.

Availability: Fredricton, NB

Website: http://www.carmancreekgolf.com/new_account/

Gilridge Golf Club

Offer: Free 9 hole round of golf.

Value: \$21

Conditions: Join the Gilridge Birthday Club to receive a coupon for 1 free 9 hole round of golf. All members and visitors are eligible. No purchase necessary. Coupon will be emailed to you prior to your birthday and will be valid up to one week before and one week after

your birthday. If your birthday is October - April, you may use your coupon by May 30th.

Availability: Gilridge, NB

Website:

http://www.gilridgegolf.ca/index.php?option=com_content&view=article&id=54&Itemid=59



GOVERNMENT

Province of New Brunswick

Offer: Congratulatory birthday greeting.

Value: n/a

Conditions: Birthday certificates signifying your milestone birthday from the Premier. Fill out a form to the Office of the Premier.

Availability: New Brunswick

Website: <http://www.gnb.ca/Scripts/CNB/Greeting/index-e.asp>

NOVA SCOTIA



Casino Nova Scotia

Offer: Free Birthday Meal for Player Club Members + Family get \$5

Value: \$20

Conditions: Enjoy a FREE birthday meal at the Paradise Buffet or \$20 towards a meal at Trapeze Grille & Bar. 1. Offer is valid within 10 days of your birthday date. 2. Must be a Player's Club member. 3. Membership is free with no obligations. 4. Casino Nova Scotia follows all privacy regulations. 5. Limit one per person. 6. Not to be used in conjunction with any other offer.

Availability: Nova Scotia

Website: http://www.casinonovascotia.com/players_club/

George & Lito`s

Offer: Free entree when dining with 2 other people.

Value: \$20

Conditions: Must dine with 2 others (within five days of your actual birthday).

Availability: Halifax, NS

Website: <http://georgeandlitos.ca/birthday-club/>

The Loyalist Inn

Offer: Free dessert on your birthday.

Value: \$15

Conditions: If its your birthday you will receive a free desert after your meal. For groups of 8 or more the birthday person receives their meal free. For groups of 20 or more the birthday person receives their meal free and they will bake birthday cake for the group.

Availability: Shelburne, NS

Website:

http://theloyalistinn.com/pub_eatery/holiday_private_functions



ENTERTAINMENT

Upper Clement Sparks

Offer: Free Admission to Upper Clements Park in Nova Scotia on Your Birthday

Value: \$26.50

Conditions: 1. Please Bring ID. 2. Promotions can be obtained by entering through the fast pass lane.

Availability: Nova Scotia

Website: <http://www.upperclementsparks.com/index.html>

ONTARIO



BEAUTY

Candlebrook's Hair Studio

Offer: Complimentary shampoo & blow dry style on your birthday

Value: \$22

Conditions: Must be scheduled 15 days in advance.

Availability: Toronto, Ontario

Website:

<http://www.candlebrookshairstudio.com/promo.asp>

Privé Hair Gallery

Offer: Free blowout on your birthday

Value: \$40



The best birthdays of all are those that haven't arrived yet.

- Robert Orben

Conditions: With a junior stylist (ID required)

Availability: Toronto, Ontario

Website: <http://privehairgallery.com/specials/index.html>



CHILDREN

Chabad of Centreponte

Offer: A surprise birthday package.

Value: n/a

Conditions: By signing up to join this unique club they help find out what date your birthday corresponds to on the Jewish calendar and they send your child a surprise birthday package to your home! Additionally, you are invited to their monthly Shabbat Birthday Celebration, where your child will receive a special gift.

Availability: Ottawa, Ontario

Website:

http://www.chabadcentreponte.com/templates/articlecco_cdo/aid/613904/jewish/Jewish-Birthday-Club.htm

Kidscape

Offer: Free Play Pass

Value: \$9.95

Conditions: Join the Kidscape Birthday Club and receive a FREE Play Pass.

Availability: London, ON

Website: <http://kidscape.ca/registration>

Lone Star Texas Grill

Offer: Free Kids' Meal

Value: \$10.99

Conditions: If you are under 12 years old, join the kid's club! As a member, you'll be mailed a special postcard for a free Kids' Meal at Lone Star Texas Grill every year for your birthday.

Availability: Across Ontario

Website: <http://www.lonestartexasgrill.com/Kids/SignUp>

Zappi's Pizza

Offer: Receive a pizza coupon for your Birthday!

Value: \$5.50

Conditions: Ages 14 and under

Availability: Niagara Falls, Ontario

Website: <http://www.zappispizza.com/ZappisBirthday.html>



DINING

222 Lyon Tapas Bar

Offer: \$10 off a minimum purchase of \$35.00 at lunch or \$20 off a minimum purchase of \$75.00 at dinner

Value: \$20

Conditions: Must be registered for Birthday Club

Availability: Ottawa, Ontario

Website:

<http://www.222lyontapasbar.com/Showcase/BirthdayClub/tabid/10953/Default.aspx>

At the Crossroads Restaurant

Offer: One Free Birthday Buffet meal is being offered to you on the day of your birthday, when 1 ADDITIONAL adult buffet is purchased at the same time on the same bill.

Value: \$17.99

Conditions: ID must be presented to your server upon arrival and before the bill has been made, otherwise we will not be able to give you your free meal.

Acceptable ID is:

- a) For ages 4-16, birth certificates are required.
- b) For adults, valid photo driver's license or passport.

Availability: Elmira, ON

Website: <http://www.crossroadsrestaurant.ca/specialpromo.php>

Bb33 bistro + brasserie

Offer: Free meal when dining with 3 additional guests.

Value: \$42

Conditions: Valid for lunch and dinner only.

Availability: Toronto, ON

Website:

http://www.bb33.ca/birthday_on_us

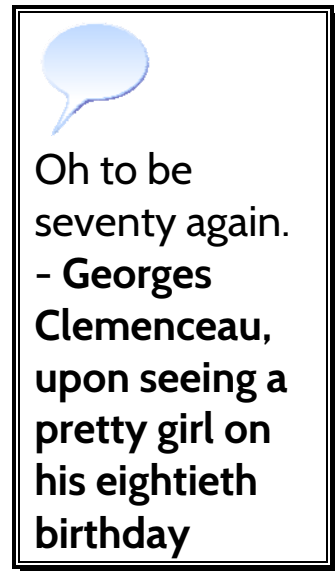
Benihana Japanese Steakhouse

Offer: Complimentary birthday dessert platter with an assortment of small assorted desserts and an inscription written in chocolate saying 'Happy Birthday'.

Value: \$12

Conditions: Must provide identification.

Availability: Toronto



Website:

<http://www.fairmont.com/royalyork/GuestServices/Restaurants/BenihanaJapaneseSteakhouse.htm>

Biagio's Italian Kitchen

Offer: Free birthday meal.

Value: \$14

Conditions: Must join their birthday club.

Availability: Ottawa, Ontario

Website:

<http://www.biagios.ca/Showcase/BirthdayClub/tabid/3172/Default.aspx>

Capital Dining Room

Offer: Receive a free dessert valid once during the month of your birth

Value: \$10

Conditions: Must be registered for Birthday Club

Availability: Ottawa, Ontario

Website:

<http://www.capitaldiningroom.com/Showcase/BirthdayClub/tabid/8488/Default.aspx>

Chalkers Pub

Offer: Complimentary entree on your birthday.

Value: \$10

Conditions: Must join Pub Club

Availability: North York, ON

Website: <http://www.chalkerspub.com/dispatcher.asp?page=30>

Garden Buffet

Offer: Eat Free On Your Birthday

Value: \$22.95

Conditions: Must present valid id.

Availability: Windsor, Ontario

Website: <http://www.gardenbuffet.ca/promotion.html>

Giorgio D. Ristorante

Offer: Discount equal to your age.

Value: n/a

Conditions: Join Giorgio D. Ristorante for dinner on your birthday and they will match your age with the same percentage discount off your entree. For example, if you're 48 years old, you'll get 48% off your entree. Simply fill out the reservation online and bring your photo ID to the restaurant to receive your special discount. If you are unable to attend on your birthday, they will honor the discount 10 days before or after your birthday.

Availability: North York, Ontario

Website: <http://www.giorgiod.com/home.html>

Gourmet Emporium

Offer: Free \$25 seven-course meal on your birthday

Value: \$25

Conditions: Must be registered for Birthday Club

Availability: Windsor, Ontario

Website:

[http://www.gourmetemporium.ca/index.php?option=com_contact
&view=contact&id=2&Itemid=139](http://www.gourmetemporium.ca/index.php?option=com_contact&view=contact&id=2&Itemid=139)

Graffiti's Italian Eatery & Saloon

Offer: Receive a free dessert valid once during the month of your birth

Value: \$8.99

Conditions: Must be registered for Birthday Club

Availability: Ottawa, Ontario

Website:

<http://www.graffitis.ca/Showcase/BirthdayClub/tabid/9835/Default.aspx>

Host India

Offer: Receive a free dessert valid once during the month of your birth

Value: \$7

Conditions: Must be registered for Birthday Club

Availability: Ottawa, Ontario

Website:

<http://www.hostindia.ca/Showcase/BirthdayClub/tabid/5924/Default.aspx>



Old age isn't so bad when you consider the alternative.

- **Maurice Chevalier**

Hotel Gelato

Offer: Free Gelato

Value: \$4

Conditions: Sign up for their newsletter and get a free gelato on your birthday.

Availability: Toronto

Website: <http://www.hotelgelato.com/newsletter.php>

Imperial Buffet

Offer: Buy 1 Buffet Meal, Get 1 Free. Only valid on actual birthdate.

Value: \$23.99

Conditions: Must show ID

Availability: Scarborough, Ontario; Mississauga, Ontario; Ajax, Ontario

Website: <http://www.imperialbuffet.com/>

Jet Fuel Coffee

Offer: Free coffee.

Value: \$3

Conditions: Must bring valid identification for birthday.

Availability: Toronto, ON

Website: <http://jetfuelcoffee.com>

Kirby's Bar and Buffet

Offer: Free Lunch buffet or dinner buffet.

Value: \$12

Conditions: Just show us your ID.

Availability: Brantford, ON

Website:

http://www.bestwesternbrantford.com/best_western_kirbys

Lake Simcoe Arms

Offer: Free Birthday Entree (max \$15)

Value: \$15

Conditions: Must be on your actual birth date and identification is required.

Availability: Jackson's Point, Ont

Website: <http://www.lakesimcoearms.com/promotions.php>

Le Commensal

Offer: Free Meal + 10% Off Your Entire Bill

Value: \$30

Conditions: Le Commensal will provide not only a free meal for the birthday guy or gal, but will also knock 10 per cent off the rest of your bill! Minimum purchase to receive the deal is \$30.

Availability: Toronto, ON

Website: <http://www.commensal.ca/birthday-special.html>

Lindenhof European Restaurant

Offer: Receive a free dessert valid once during the month of your birth

Value: \$6

Conditions: Must be registered for Birthday Club

Availability: Ottawa, Ontario

Website:

<http://www.thelindenhof.com/Showcase/BirthdayClub/tabid/7258/Default.aspx>

Mamma Teresa Ristorante

Offer: Receive a free dessert valid once during the month of your birth

Value: \$7.50

Conditions: Must be registered for Birthday Club

Availability: Ottawa, Ontario

Website:

<http://www.mammateresa.com/Showcase/BirthdayClub/tabid/7849/Default.aspx>

Niblick Pub

Offer: Free meal.

Value: \$12

Conditions: Must join the Niblick Pub Club. As a member of the Niblick Pub Club, you'll receive a FREE meal on your birthday !

Availability: Oakville, Ontario

Website: <http://upperoakvilleshoppingcentre.ca/dining/niblick-pub/>

One99 Restaurant

Offer: Enjoy a FREE entrée up to twenty two dollars (\$22.00) during the month of your birthday

Value: \$22

Conditions: All you need is a valid email address and 2 pieces of photo I.D.

Here is How to Enter:



At 20 years of age the will reigns; at 30 the wit; and at 40 the judgment.
- Ben Franklin

1. Pre-Register by using one of the following methods: Register online or visit at One99 Restaurant located at 199 Broadway, Orangeville ON
2. You will receive a confirmation email asking you to confirm your registration. Please note if you opt out of marketing, this will exclude you from receiving your birthday club coupon.
3. You will receive your birthday coupon 30 days before your birthday via email, as well as a 14 day reminder.
4. If you are signing up after your birthday you will be enrolled in next years birthday club campaign.
5. Please print out your coupon which is valid from Monday thru Thursday evenings. Bring it to the restaurant during the month of your birthday along with 2 pieces of photo I.D.
6. Enjoy your FREE birthday entrée with your friends and family.

Availability: Orangeville, Ontario

Website: <http://www.one99.ca/bclub.html>

Paradiso Oakville

Offer: Free dinner

Value: \$14

Conditions: Must be registered for Birthday Club

Availability: Oakville, Ontario

Website:

<http://oakville.paradisorestaurant.com/GalleryClubs/BirthdayClub/tabid/9480/Default.aspx>

Pelican Fishery and Grill

Offer: Receive a free dessert valid once during the month of your birth

Value: \$5.95

Conditions: Must be registered for Birthday Club

Availability: Ottawa, Ontario

Website:

<http://www.pelicanfisheryandgrill.com/Showcase/BirthdayClub/tabid/6970/Default.aspx>

Pepper Garden

Offer: Receive a free dessert valid once during the month of your birth

Value: \$7

Conditions: Must be registered for Birthday Club

Availability: Ottawa, Ontario

Website:

<http://www.peppergarden.ca/Showcase/birthdayclub/tabid/6957/Default.aspx>

Pepperwood Bistro

Offer: Free piece of Raspberry Tartuffo.

Value: \$6

Conditions: Must have valid id.

Availability: Burlington, ON

Website: <http://www.pepperwood.on.ca/>

Ruth's Chris Steak House

Offer: Receive a free dessert on your birthday.

Value: \$10.95

Conditions: Must show valid identification.

Availability: Toronto, Ontario

Website: <http://ruthschris.ca/>

Tasty Yu's Chinese Restaurant

Offer: Free buffet on your birthday with ID

Value: \$12.99

Conditions: Must show valid id.

Availability: Oakville, ON

Website: <http://www.tasty-yu.com/Index.htm>

The Fire Hall

Offer: Receive a free meal up to \$13.99 on birthday. (Dine in only)

Value: \$13.99

Conditions: Must present valid identification.

Availability: Oakville, ON

Website: <http://thefirehall.ca/>

The Ice Creamery

Offer: Free Ice Cream

Value: \$5

Conditions: You'll get your FREE ice cream email five days before your birthday. You'll also receive a discount on a birthday cake! Must join their Birthday club.

Availability: London and Sarnia, Ontario

Website:

<http://www.icecreamery.ca/?q=birthdays>

The Lord Nelson

Offer: Free birthday Cake.

Value: \$8

Conditions: We provide you with a cake. When you call for reservations please indicate that you do have a birthday.

Availability: Burlington, ON

Website: <http://www.thelordnelson.com/>

The Works Gourmet Burger Bistro

Offer: Free burger coupon.

Value: \$13

Conditions: They will give you a Birthday card that is good for a FREE Gourmet Burger on your next visit.



Very few people do anything creative after the age of thirty-five. The reason is that very few people do anything creative before the age of thirty-five.

- Joel
Hildebrand

Availability: Across Southern Ontario

Website: <http://worksburger.com/>

Tucker's Marketplace

Offer: Free buffet-style meal on your birthday

Value: \$12

Conditions: Come in any time on your birthday with a valid photo ID for a free lunch or dinner buffet! The offer doesn't include a drink, and prices and menu may differ at each location.

Availability: Ontario

Website: <http://www.tuckersmarketplace.ca/>

Upper Canada Ice Cream

Offer: Free Ice Cream on your birthday!

Value: \$5

Conditions: To join our birthday club, simply type BIRTHDAY CLUB in comments section (below) and create a U.C.D.C. account. You will receive a coupon for free ice cream on your birthday.

Availability: Bradford, Ontario

Website:

http://www.uppercanadaicecream.com/Billy_s_Discount_Club.html

What a Bagel

Offer: Free Dozen of Bagels

Value: \$6

Conditions: Just show a valid photo ID and visit a What a Bagel location and you'll get a dozen of fresh baked bagels free!

Availability: Locations in Southern Ontario

Website: <http://www.whatabagel.com/index.php?page=what-a-deal>

Zak's Diner

Offer: Free \$10 gift certificate on your birthday

Value: \$10

Conditions: Must print coupon from website.

Availability: Ottawa, ON

Website: <http://zaksdiner.com/birthday-club/>

Zen Kitchen

Offer: Receive a free dessert valid once during the month of your birth

Value: \$7

Conditions: Must be registered for Birthday Club

Availability: Ottawa, Ontario

Website:

<http://www.zenkitchen.ca/Showcase/BirthdayClub/tabid/6678/Default.aspx>



ENTERTAINMENT

AMC Theatres

Offer: Free large drink coupon.

Value: \$5

Conditions: If you are an AMC Stubs member, and checked the box in your account settings that asks if you would like to receive special offers from AMC, then yes, you get a free large drink coupon for your birthday via email!

Availability: Ontario

Website: <http://www.amctheatres.com>

Hockey Hall of Fame

Offer: Free T-Shirt, Wristband & Photos

Value: \$n/a

Conditions: Get 40% off admission for a group of 10 people or more and a t-shirt, wristband and three free Stanley Cup photos for the birthday holder.

Availability: Toronto, Ontario

Website: <http://www.hhof.com/htmlGeneralInfo/gi120.shtml>

Kula

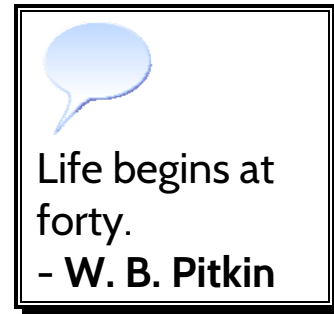
Offer: Free Yoga Class

Value: \$8

Conditions: If you go to Kula on your birthday, you will get a free yoga class! Just call them beforehand to let them know.

Availability: Toronto

Website: <http://www.mykulatoronto.ca/>



Medieval Times

Offer: Free feast and tournament.

Value: \$50

Conditions: Join the Birthday Fellowship and the King's Court to receive a free admission on your birthday and be the first to know about special offers & more. Members of the Birthday Fellowship receive one free admission of equal or lesser value during the month of their birthday. Full priced adult admission required. May not be combined with any other discounts, special offers or group rates. Upgrade packages are additional. Not valid for special shows, holidays or prior purchases. Guest may be required to show proof of birthday upon request.

Availability: Toronto, Ontario

Website: <http://www.medievaltimes.com/toronto/birthdays.aspx>

Ontario Lottery and Gaming Corporation

Offer: Chance to win \$100 cash!

Value: n/a

Conditions: As a Winner's Circle Rewards member, your birthday is an important event – and we want to help you celebrate! Swipe your Winner's Circle Rewards card at the Express kiosk during your birthday month for your chance to WIN \$100 cash!

Availability: Ontario

Website:

https://member.winnerscirclerewards.ca/default.aspx?p=wcri_promotions_birthday

Ontario Place

Offer: Free Play All Day Pass

Value: \$22

Conditions: If your birthday is during Ontario Place's summer operating season, you can get a free Play All Day Pass by showing I.D. at the Guest Services Pavilion.

Availability: Ontario

Website: <http://www.ontarioplace.com/>

The Bird Kingdom

Offer: Free admission on your birthday with valid identification.

Value: \$16.95

Conditions: Valid identification required.

Availability: Niagara Falls, Ontario

Website: <http://www.birdkingdom.ca>

Time To Laugh Comedy Club

Offer: Free admission

Value: \$15

Conditions: Birthday person is FREE with proper ID. Birthday must fall within 4 days of performance

Availability: Kingston, Ontario

Website: <http://www.citylifeontario.com/kingston/timetolaugh/>

Western Film

Offer: Free Admission and medium pop and popcorn.

Value: \$12

Conditions: Just show ID at the Box Office on your birthday and you'll receive free admission and free medium pop and popcorn!

Availability: London

Website: <http://www.usc.uwo.ca/wfilm/>

Yuk Yuk's

Offer: Free Show

Value: \$19.47

Conditions: Catch a free show at the Mississauga or Vaughan location on the week of your birthday. You must register online for your ticket a week in advance and go during your birthday week with valid ID. This offer only applies to regular shows.

Availability: Mississauga & Vaughan

Website: <http://www.yukyuks.com/>



GOLF

Bushwood Golf Club

Offer: Free Round of Golf on Your Birthday at Bushwood Golf Club

Value: \$55

Conditions: Must register to participate in eClub.
Valid up to one week prior and one week after
your birthday.

Availability: Markham, ON

Website:

http://www.bushwoodgolf.com/golf/proto/bushwoodgolf/new_account/new_account.htm



The first forty
years of life
give us the
text: the next
thirty supply
the
commentary.
- Arthur
Schopenhauer

Camden Braes Golf & Country Club

Offer: Free round of golf.

Value: \$25

Conditions: Must present valid identification.

Availability: Odessa, ON

Website: <http://www.camdenbraes.com/text/specials.htm>

Castlemore Golf & Country Club

Offer: Free round of golf.

Value: \$22

Conditions: Register to participate in their eClub. You will receive a free green fee on your Birthday! Valid up to one week prior and one week after your birthday.

Availability: Brampton, ON

Website: http://www.castlemore.com/new_account/

Deer Creek Golf Club

Offer: Free green fee.

Value: \$60

Conditions: For anyone playing golf on the day of their birthday the green fee is free but if they are riding in a cart they have to pay the cart fee. This is valid only on the day of their birthday.

Availability: Ajax, Ontario

Website: <http://golfdeercreek.com/>

Forest Ridge Golf and Country Club

Offer: Free green fee on your birthday.

Value: \$26

Conditions: Register to participate in their eClub. By doing so you will receive a free green fee on your Birthday! Valid up to one week prior and one week after your birthday.

Availability: Chelmsford, Ontario

Website:

http://www.forestridgegolf.ca/index.php?option=com_comprofiler&task=registers&Itemid=85

Metcalfe Golf & Country Club

Offer: Free green fee on your birthday or half-birthday.

Value: \$42

Conditions: Register to participate in their eClub. By doing so you will receive a free green fee on your Birthday or Half-Birthday! Valid up to one week prior and one week after your birthday (or half-birthday).

Availability: Metcalfe, ON

Website: http://www.metcalfegolf.com/new_account/

Mont Cascades Golf Club

Offer: Free Round of Golf, when accompanied by at least three paying guests, for your Birthday

Value: \$40

Conditions: Free Round of Golf valid up to one week prior and one week after your birthday. If your birthday occurs during the off-season, they will remit your Free Round according to the following schedule:

- November birthday's play in May
- December birthday's play in June
- January birthday's play in July
- February birthday's play in August
- March birthday's play in September
- April birthday's play in October

Once you have completed your registration, you may retrieve your printable Free Round of Golf by logging into the ONLINE SPECIALS section of their website.

Availability: Ottawa, ON

Website: http://www.montcascades.com/new_account/

Muskoka Highlands

Offer: Free round of golf.

Value: \$44.95

Conditions: Register to participate in their eClub. You will receive a free green fee on your Birthday! Valid up to one week prior and one week after your birthday.

Availability: Bracebridge, ON

Website: http://www.muskokahighlands.com/new_account/

Northern Dunes Golf Club

Offer: Free round of golf.

Value: \$45

Conditions: Register to participate in their eClub. You will receive a free green fee on your Birthday! Valid up to one week prior and one week after your birthday.

Availability: Hepworth, ON

Website: http://www.northerndunes.com/new_account/

St. Andrew's Valley Golf Club

Offer: Free round of golf.

Value: \$89

Conditions: Must be registered for Birthday Club

Availability: Aurora, Ontario

Website:

<http://www.standrewsvalley.com/public/Birthday-Club.php>

Westbrook Golf Course

Offer: Free round of golf.

Value: \$38

Conditions: Register to participate in their eClub. You will receive a free green fee on your Birthday! Valid up to one week prior and one week after your birthday.

Availability: Kingston, ON

Website: http://www.westbrookgolfclub.com/new_account/



At age 50,
everyone has
the face he
deserves.

- **George
Orwell**

Whisky Run Golf Club

Offer: Free round of golf.

Value: \$36.50

Conditions: Must join their birthday club. If your Birthday is in the Winter Fear not! You will receive your Free Gift in the Spring following your Birthday or in the Fall before your Birthday.

Availability: Niagara Falls, ON

Website: <http://www.whiskyrun.com/public/JOIN-THE-BIRTHDAY-CLUB.php>

Wildwinds Golf Links

Offer: Free round of golf.

Value: \$52

Conditions: Register to participate in their eClub. You will receive a free green fee on your Birthday! Valid up to one week prior and one week after your birthday.

Availability: Centre Wellington, ON

Website: http://www.wildwinds.ca/new_account/

Woodington Lake Golf Club

Offer: Free round of golf.

Value: \$70

Conditions: Register to participate in their eClub. You will receive a free green fee on your Birthday! Valid up to one week prior and one week after your birthday.

Availability: Tottenham, ON

Website:

http://www.woodingtonlake.com/golf/proto/woodingtonlake/new_account/new_account.htm



GOVERNMENT

Province of Ontario

Offer: Congratulatory 80th+ Birthday

Value: n/a

Conditions: Birthday certificates signifying your milestone birthday from the Premier. Fill out and application/submit a form to the Office of the Premier.

Availability: Ontario

Website:

<https://correspondence.premier.gov.on.ca/en/certificates/certorder.aspx>



Elmwood Spa

Offer: Free Lunch

Value: \$28

Conditions: With a minimum \$100 purchase at this premier spa, you'll receive a complimentary three-course lunch valued at \$28 and a free gift.

Availability: Toronto

Website: <http://www.elmwoodspa.com/birthday/celebrate-your-birthday-at-elmwood-spa>

Mary's Yarns

Offer: Receive 20% off your purchase during your birthday month

Value: n/a

Conditions: Must sign up for birthday club. Discount applies only to full price merchandise.

Availability: Unionville, Ontario

Website: http://www.marysyarns.com/news_events.htm

Parkers Dry Cleaners

Offer: \$10 off Dry Cleaning

Value: \$10

Conditions: This isn't quite a freebie, but we thought it's worth including on this list. Register to become a member on their website and you'll get a \$10 off coupon for signing up, and another \$10 coupon sent to you on your birthday!

Availability: Toronto, Ontario

Website:

<http://ns2.undefined.ca/account/register/>



A man of sixty
has spent
twenty years in
bed and over
three years in
eating.

- **Arnold
Bennett**

Squeaky Clean Car & Pet Wash

Offer: Free Ultimate Car Wash on your Birthday

Value: \$8

Conditions: Must be registered for Birthday Club. Will receive code via email.

Availability: Walkerton, Ontario

Website: <http://www.squeakycleancarandpetwash.com/birthday-club.html>

Auto Reflections

Offer: Free Ultimate Automatic Touchless Wash on your Birthday

Value: \$10

Conditions: Must be registered for Birthday Club

Availability: Guelph, Ontario

Website: <http://www.autoreflections.ca/club.html>



TELEVISION

Breakfast Television Toronto

Offer: Have a friend or loved one's birthday celebrated on the air!

Value: n/a

Conditions: You could have BT Toronto wish you a Happy Birthday. It is best to send your pictures in 2 months in advance. Pictures will not be returned. Send everything to: Celebrations, C/O BreakfastTelevision, 33 Dundas St. E Toronto ON M5B 1B8

Availability: Across Ontario

Website: <http://www.bttoronto.ca/celebrations/>

PRINCE EDWARD ISLAND

DINING

Brothers2

Offer: Free meal on your birthday.

Value: \$19.99

Conditions: Make a reservation at Brothers 2 and you'll get a free meal (up to \$19.99) on the day of your birthday!

Availability: Summerside, PEI

Website: <http://www.brothers2.ca/index.php>

QUEBEC



Restaurant Le Chambertin

Offer: Gift certificate for free dinner

Value: \$30

Conditions: Member of Q-Rewards. Join the Q-Rewards club on website.

Availability: Pointe-Claire, Québec

Website: <http://theq.genclik.ca/en/main-nav/q-contests/birthday-club/>



GOVERNMENT

Province of Quebec

Offer: Congratulatory 60th birthday greeting and every 5 years after

Value: n/a

Conditions: Birthday certificates signifying your milestone birthday from the Premier. Fill out and application/submit a form to the Office of the Premier.

Availability: Quebec

Website: <http://www.premier-ministre.gouv.qc.ca/premier-ministre/joindre-pm/adresser-demande-en.asp>

SASKATCHEWAN



GOLF

Jackfish Lodge Golf

Offer: Free round of golf.

Value: \$42

Conditions: Must be registered for Birthday Club

Availability: Cochin, SK

Website:

<http://www.jackfishlodge.com/public/JOIN-THE-BIRTHDAY-CLUB.php>



One starts to
get young at
the age of sixty
and then it is
too late.
- Pablo
Picasso

Meadow Lake Golf Club

Offer: Free green fee on your birthday.

Value: \$38

Conditions: Register to participate in their eClub. By doing so you will receive a free green fee on your Birthday! Valid up to one week prior and one week after your birthday.

Availability: Meadow Lake, SK

Website: http://meadowlakegolfclub.ca/new_account/